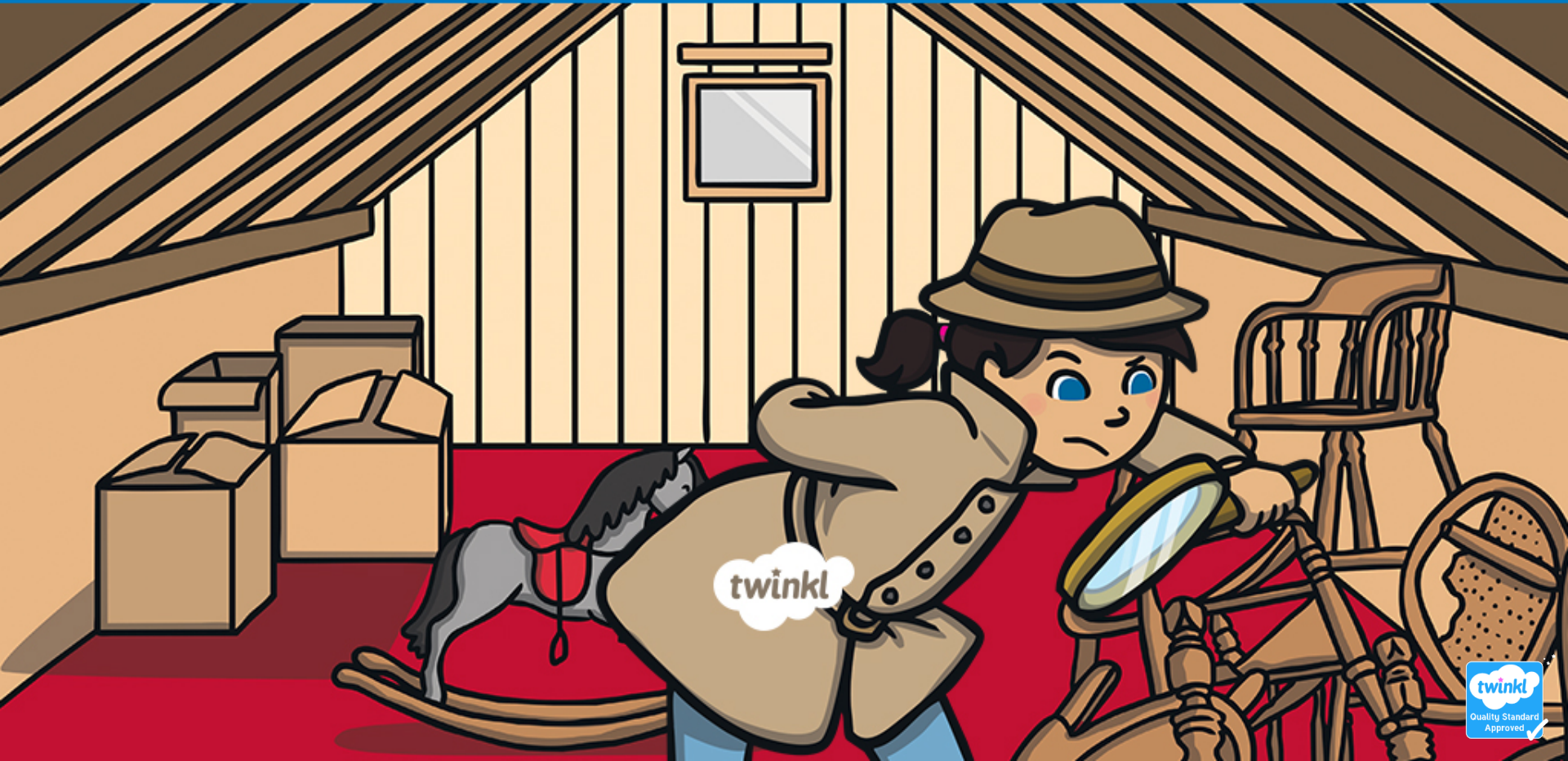


Collecting Evidence From My Past



Collecting Evidence from My Past

We can learn more about our own past by collecting and examining evidence from our lives so far.



Think – Pair – Share:

What evidence could we collect to find out more about our own past?



My Birth Certificate

What is a birth certificate?

A birth certificate is a very special document that records all of the information about a baby when they are born.

Every baby has their own special birth certificate.



We can use our birth certificate to find out:

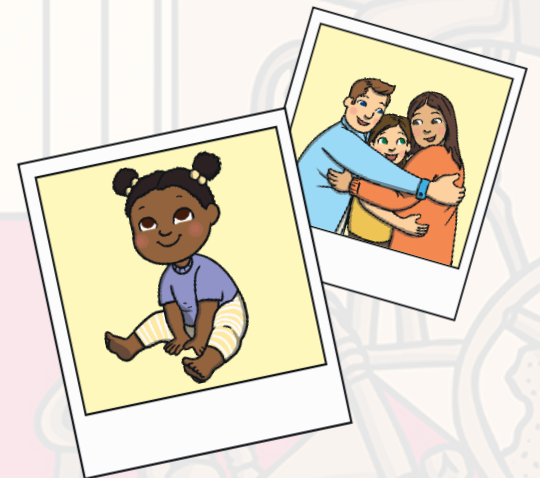
- our first name;
- our middle name;
- our surname;
- our birthday;
- our gender;
- our mother's name;
- our father's name;
- the date we were born;
- where we were born;
- our address... and more!

Photographs

We can also use photographs to learn more about our past. Photographs can teach us about special times and events in our lives.

Our parents and family take lots of photographs when we are babies so that they can show us when we are a little older!

Some photographs are extra special to some families. This might be because they are of family members or friends who are no longer with us. For example, maybe one of your grandparents has passed away but your parents have a very special photograph of you with them when you were younger. What an important memory to keep!



My Baby Book



Sometimes, our parents keep a 'baby book' to record special events and memories in our lives.

A baby book can tell us so much about our past. These books can include information about our family, photographs of us with our family and even little souvenirs from our past.

For example, some parents like to keep a lock of hair from our first haircut or a handprint from when we were babies!

Do your parents have a baby book for you?

Home Videos

Many of us have grown up with our families taking home videos of very important events in our lives.

Sometimes our family even catch videos of our first steps and our first words! Other special occasions might include birthdays or meeting our siblings for the very first time. These would be very special moments for your family.

Other videos of simple moments of us playing with our toys or spending time with our family and friends can help us understand our lives when we were younger.

Does your family have any special home videos of you?



My First Shoes



Have you ever seen your first pair of shoes?

We can learn about how much we have grown by comparing our first pair of shoes to the shoes we wear today.

What a lovely souvenir to keep from when we were young!



Different Paths

We have all come on our own individual paths.

This means that not all of us will have the same evidence to look back on from our past.

Why not ask your parents and family to help gather information on your past to learn more about when you were younger?





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