

Go Bananas



Meaning: To be irrational/wild, to lose control (due to anger).

Examples: Mum will go bananas when she sees the mess we've made.

He went bananas when he heard his car was stolen.

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Food for Thought



Meaning: Something that is worth thinking about.

Examples: "Thanks for telling us about global warming - you've really given us food for thought," said the manager.

"I'm going to read from this new textbook. I think you'll find it food for thought," said the teacher.

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Spice Things Up



Meaning: To make things more exciting/interesting.

Examples: "I think these new maths resources will really spice up my lessons," said the teacher.

Let's go skydiving this weekend. That'll spice things up.

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As Easy as Pie



Meaning: Something that is very easy to do.

Examples: This homework was easy as pie!

I find swimming easy as pie.

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Keen as Mustard



Meaning: To be very angry.

Examples: The new student is as keen as mustard to learn Spanish.

Kate and Ronnie were as keen as mustard to get their project finished.

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Eat out of Someone's Hand



Meaning: To always do exactly as someone says; to grovel to someone.

Examples: "Wilson will do it; I've got him eating out of my hand," said Lisa.

I've got her eating out of my hand; she'll do anything I ask.

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Bag Egg



Meaning: A bad person.

Examples: Be wary of Cathy; she's a bad egg and she's always getting in trouble at school!

Tyrone is a bad egg; he never seems to care about anything.

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To Take Something with a Pinch of Salt



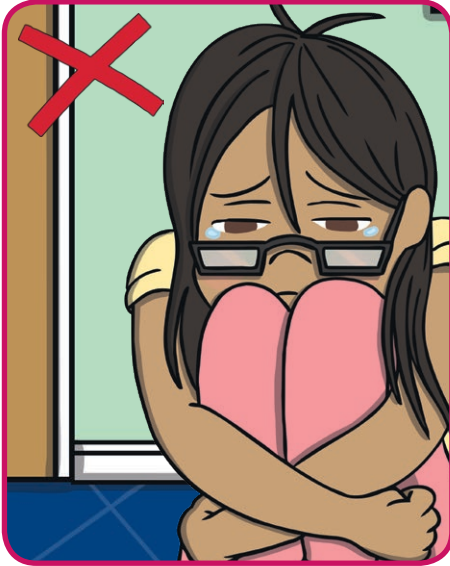
Meaning: To view something with doubt; you do not completely believe it.

Examples: "I'm not sure I believe your reasons for not doing the homework," said the teacher, "I'll take it with a pinch of salt."

Don't believe everything you read on the internet - take it with a pinch of salt.

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Don't Cry over Spilt Milk



Meaning: Don't cry/complain about something that has already happened.

Examples: I know you don't like your hair cut but don't cry over spilt milk. We can't change it now.

Petra was complaining about the new paint on the walls. I told her it's no use crying over spilt milk; the walls have already been painted!

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Egg on Your Face



Meaning: To be humiliated or embarrassed.

Examples: She had egg on her face when we realised she was lying.

When he tripped up in front of everyone, he looked like he had egg on his face.

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