

Body Idioms

Meaning Cards



Body Idioms Meaning Cards



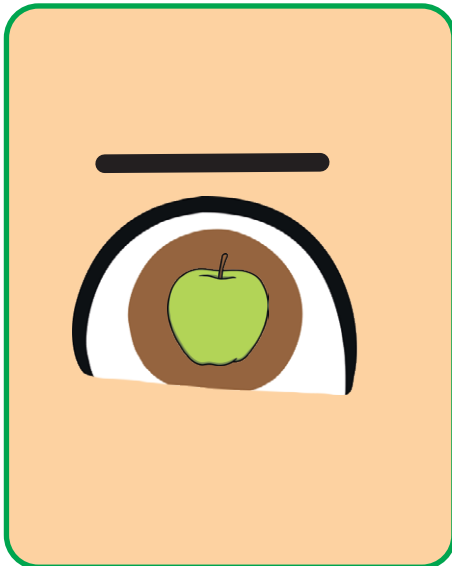
Eyes in the Back of My Head

Meaning: To sense what is going on even though you can't see it.

Examples: "This new teacher must have eyes in the back of her head! She always knows what we're doing!" said Ben.

"I've eyes in the back of my head so don't touch the cake while I'm in the other room," warned Mum.

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Apple of My Eye

Meaning: Someone or something that is more cherished than anything else.

Examples: "Ben is my first grandson. He's the apple of my eye" said Grandma.

"The new puppy is my favourite! He's the apple of my eye," announced the girl.

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Keep Your Eyes Peeled

Meaning: To look out for something.

Examples: "Keep your eyes peeled for an empty parking space," said Mum.

"We need to buy some purple shoes so keep your eyes peeled," said Sue.



Keep an Eye on It

Meaning: To watch closely or attentively.

Examples: “Keep an eye on your sister while I answer the door,” asked Mum.

“Can you keep an eye on the weather please? I’ve just hung out the washing,” asked Dad.



A Sight for Sore Eyes

Meaning: Something or someone you are happy to see.

Examples: “This meal is a sight for sore eyes; I’ve not eaten all day!” exclaimed Dad.

“You’re a sight for sore eyes - it’s great to see you,” said Hayley.



Pain in the Neck

Meaning: Someone or something that is annoying.

Examples: “You’re such a pain in the neck!” shouted Mum.

“Ben won’t share his toys with me. He’s being a pain in the neck,” complained Sarah.



A Weight off Your Shoulders

Meaning: Something you no longer have to worry about/ or something that is difficult that you no longer have to deal with.

Examples: “It’s such a relief that you’re back. It’s a weight off my shoulders,” said Mum.

“I’m glad the car is mended,” said Dad. “It’s such a weight off my shoulders.”



A Gut Feeling

Meaning: An instinctive feeling about something.

Examples: "I've a gut feeling that this will be a good day!" exclaimed Gareth.

"I've a gut feeling this shop will sell pink glitter," said Fran.



My Hands Are Tied

Meaning: You are prevented from doing something. It is not in your power to control.

Examples: "We can't go swimming tomorrow. Sorry my hands are tied," said the teacher.

"I'd like to let you go horse riding, but I can't. My hands are tied," said Mum.

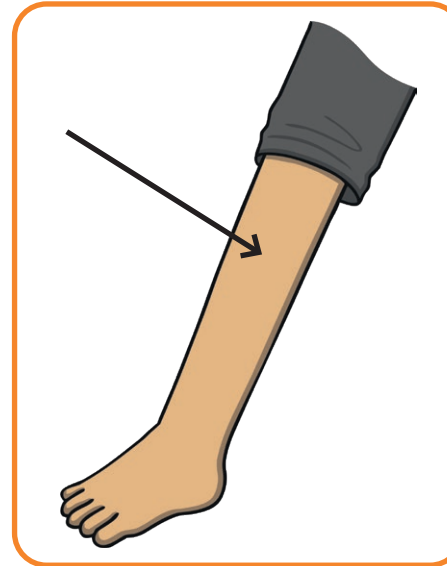


Joined at the Hip

Meaning: To be very close to someone.

Examples: John and Jack are such good friends; it's like they are joined at the hip.

"They are joined at the hip; they're always together," said Mum.



Weak at the Knees

Meaning: To feel an emotion so strongly that you feel you might fall down.

Examples: "I felt weak at the knees when I saw One Direction!" exclaimed Danielle.

"I have to give a presentation to 100 people. I feel weak at the knees," said Paul.



Butterflies in My Tummy

Meaning: A nervous feeling.

Examples: I've butterflies in my tummy about the exam tomorrow.

She has butterflies in her tummy about going to the hospital.

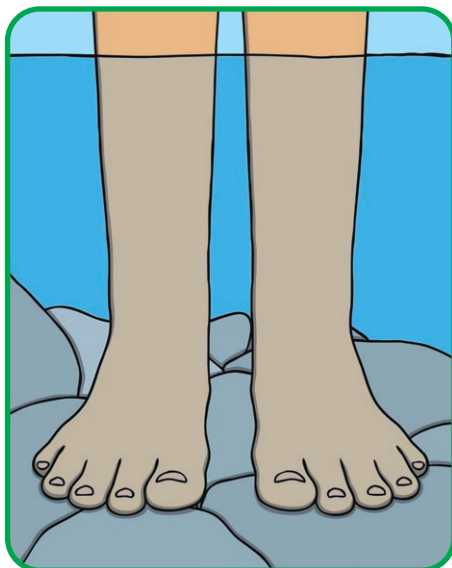


Achilles' Heel

Meaning: A weakness that could result in failure.

Examples: "Physics is my Achilles' heel," said Kenny.

He's good at most subjects at school but algebra might be his Achilles' heel.



Find Your Feet

Meaning: To adjust to a new place/situation.

Examples: She's really found her feet at her new school.

The new teacher has settled in and quickly found her feet.

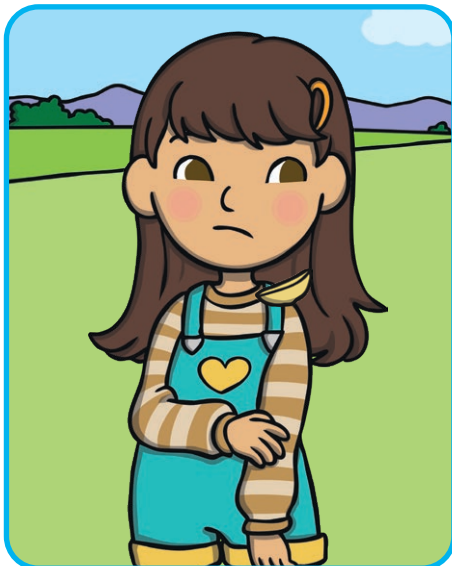


Foaming at the Mouth

Meaning: To be very angry.

Examples: Dad was foaming at the mouth when he saw his car window was smashed.

Charlotte was foaming at the mouth when she saw the messy kitchen.



Chip on Your Shoulder

Meaning: To seem angry all the time because you think you have been treated unfairly or feel you are not as good as other people.

Examples: Ben has a chip on his shoulder about losing the match yesterday.

Jackie has a chip on her shoulder about not doing well on the test yesterday.



To Wear Your Heart on Your Sleeve

Meaning: You show your emotions openly and don't hide how you feel.

Examples: Hilary really wears her heart on her sleeve. We can always see how she feels.

It's easy to see what John thinks. He wears his heart on his sleeve.



A Head Start

Meaning: To be given an advantage over others or to start something early.

Examples: Ben made a head start on his homework during the holidays. If I hadn't made a head start in my maths, I'd be behind this term.